

2025 BSR List of Courses (With Pre- and Co-Requisites)

Pre-requisites are courses that must be completed prior to enrolling in subsequent courses.

Co-requisites are courses that must be completed prior to or at the same time.

All those listed are pre-requisites unless indicated as co-requisites.

| | Code | Course Name | Pre/Co Requisites | Sem 1 | Sem 2 |
|--|--------------------------------|--|--|-------------|-------------|
| 2025 LEVEL 5 YEAR 1 | HEAL505 | Human Anatomy & Physiology I (HAP1) | Nil | N + S | N + S |
| | HEAL506 | Knowledge, Enquiry & Communication (KEC) | Nil | N + S | N + S |
| | SPOR520 | Tauherea taiao ki ngā hunga | Nil | | N + S |
| | SPOR521 | Movement Theory to Practice | Nil | N + S | |
| | SPOR522 | Professional Practice I | Nil | N + S | N + S |
| | SPOR523 | Sport, Exercise and Health in Aotearoa NZ | co-req: SPOR522 | | N + S |
| | SPOR524 | Sport, Health and Physical Activity in Education | Nil | | N + S |
| | SPOR525 | Introduction to Sport Management and Marketing | Nil | N + S | |
| | SPOR526 | Sport for Social Change | Nil | | N + S |
| | SPOR527 | Nutrition and Physical Activity Fundamentals | Nil | N | |
| SPOR528 | Outdoor Learning for Wellbeing | Nil | N | | |
| Students needing to enrol into level 5 BSR courses, please click HERE for information on the transition arrangement with the refreshed 2025 level 5 courses. | | | | | |
| 2025 LEVEL 6 COURSES | NUTR601 | Sport & Exercise Nutrition | NUTR501 or SPSC501 | | N |
| | SPOR601 | Sport, Health & Physical Education Studies | SPSC501 or HEAL505 | | N + S |
| | SPOR602 | Roto-Awa: Lakes & Rivers | Nil | | N + OFFSITE |
| | SPOR603 | Motu-Moana: Islands & Sea | Nil | | N + OFFSITE |
| | SPOR604 | Sport Marketing | Nil | | N + S |
| | SPOR605 | Sport Management | Nil | N + S | |
| | SPOR606 | Sport, Health & Wellbeing | Nil | | N + S |
| | SPOR607 | Sport Development | SPOR501 | N + S | |
| | SPOR608 | Evidence Based Practice | HEAL506 | S | N |
| | SPOR609 | Teaching, Leading & Coaching | SPOR511 or equivalent | N + C | |
| | SPOR610 | Law & Ethics for Sport & Recreation | HEAL506, SPOR501 (co) | N | N + S |
| | SPOR612 | Skill Acquisition & Sport Psychology | SPOR624 (co) | N | |
| | SPOR613 | Analysing Performance | Nil | S | N |
| | SPOR614 | Sport Finance | Nil | | N + S |
| | SPOR618 | Contemporary Approaches to Outdoor Education | SPOR602 or SPOR603 or SPOR619 | N + OFFSITE | |
| | SPOR619 | Maunga-Ngahere: Mountains & Bush | Nil | N + OFFSITE | |
| | SPOR624 | Group & Individual Behaviour | HEAL506 | N | S |
| | SPSC602 | Applied Anatomy | SPSC501 or HEAL505 | N + S | |
| | SPSC603 | Exercise Prescription & Assessment | SPSC501 or HEAL505, SPSC602 (co) | N + S | |
| SPSC604 | Applied Sports Biomechanics I | SPSC501 or HEAL505 | | N | |
| SPSC605 | Exercise Physiology | SPSC501 & HEAL505 | N + S | | |
| 2025 LEVEL 7 COURSES | NUTR701 | Lifestyle Nutrition | NUTR501 or SPSC501 | N | |
| | SPOR701 | Integrated Coaching Practice | SPOR624 | | N |
| | SPOR702 | Sport Events and Entrepreneurship | SPOR610 or SPOR614 | N + S | |
| | SPOR705 | Leadership in Sport & Recreation | 120pts | | N + S |
| | SPOR706 | Health & PE Philosophy & Pedagogy | SPOR601, SPOR606 | | N + S |
| | SPOR707 | Pedagogy & Performance | SPOR609 or SPOR612 | N | |
| | SPOR708 | Outdoor Education | SPOR602 or SPOR603 or SPOR619, SPOR609 | | N |
| | SPOR709 | Sport & Recreation Cooperative I | SPOR608 & SPOR624 | N + S | N + S |
| | SPOR710 | Sport & Recreation Cooperative II | SPOR709 | N + S | N + S |
| | SPSC701 | Athletic Conditioning | SPSC602, SPSC603, SPSC605 | | N |
| | SPSC702 | Applied Sports Biomechanics II | SPSC604 | N | |
| | SPSC703 | Clinical Exercise Physiology | SPSC603, SPSC605 | | N |
| SPMG701 | Sport & Business Cooperative | 360pts in BSR/BBus incl. SPOR608 + 1x BBus Major course at Level 7 | N | N | |

* N = North Campus * S = South Campus *C = City

* N + OFFSITE = Block course outside of normal semester times including multi day practicals offsite. Theory component at North Campus – please see current timetable for days and times.