

2025 Programme Structure and Courses List

Graduate Certificate in Sport and Exercise AK1031				OR	Graduate Diploma in Sport and Exercise AK1032			
15 points LEVEL 5-7	15 points LEVEL 7	15 points LEVEL 7	15 points LEVEL 7	1st Semester	15 points LEVEL 5-7	15 points LEVEL 5-7	15 points LEVEL 5-7	15 points LEVEL 7
*Complete 60 points with at least 45 points at Level 7				2nd Semester	*Complete 120 points with at least 75 points at Level 7			
* 4 courses of choice or less by taking Special Topic courses					*8 courses of choice or less by taking Special Topic courses			

How do I enrol? Please book a meeting with the programme leader via email at sportstudent@aut.ac.nz to discuss your area of interest and choose your courses. You can view the **Course Descriptors and Timetables** by entering the Course Code into the [AUT Course Search](#)

List of Courses

Pre-requisites are courses that must be completed prior to enrolling in subsequent courses. **Co-requisites** are courses that must be completed prior to or at the same time. All those listed are pre-requisites unless indicated as co-requisites.

	Code	Course Name	Pre/Co Requisites	Sem 1	Sem 2
2024 LEVEL 5 YEAR 1	HEAL505	Human Anatomy & Physiology I (HAP1)	Nil	N + S	N + S
	HEAL506	Knowledge, Enquiry & Communication (KEC)	Nil	N + S	N + S
	SPOR501	Sport & Recreation in Aotearoa/NZ	HEAL506 (co)	Not Offered	
	SPOR502	Innovative Planning in Sport & Recreation	HEAL506 (co)		
	SPOR503	Contemporary Issues in Sport & Recreation	HEAL506 (co)		
	SPOR504	Leadership in Sport & the Outdoors	HEAL506 (co)		
	SPOR511	Skill Learning in Sport & Recreation	HEAL506 (co)		
	SPSC501	Sport & Exercise Science Fundamentals	HEAL506 (co)		
2024 LEVEL 6 COURSES	NUTR601	Sport & Exercise Nutrition	NUTR501 or SPSC501		N
	SPOR601	Sport, Health & Physical Education Studies	SPSC501 or HEAL505	N	S
	SPOR602	Roto-Awa: Lakes & Rivers	Nil		N
	SPOR603	Motu-Moana: Islands & Sea	Nil		N
	SPOR604	Sport Marketing	Nil		N + S
	SPOR605	Sport Management	Nil	N + S	
	SPOR606	Sport, Health & Wellbeing	Nil		N + S
	SPOR607	Sport Development	SPOR501	N + S	
	SPOR608	Evidence Based Practice	HEAL506	S	N
	SPOR609	Teaching, Leading & Coaching	SPOR511 or equivalent	N + C	
	SPOR610	Law & Ethics for Sport & Recreation	HEAL506, SPOR501 (co)	N	N + S
	SPOR612	Skill Acquisition & Sport Psychology	SPOR624 (co)	N	
	SPOR613	Analysing Performance	Nil	S	N
	SPOR614	Sport Finance	Nil		N + S
	SPOR618	Contemporary Approaches to Outdoor Education	SPOR602 or SPOR603 or SPOR619	N	
	SPOR619	Maunga-Ngahere: Mountains & Bush	Nil	N	
SPOR624	Group & Individual Behaviour	HEAL506	N	S	

	SPSC602	Applied Anatomy	SPSC501 or HEAL505	N + S	
	SPSC603	Exercise Prescription & Assessment	SPSC501 or HEAL505, SPSC602 (co)	N + S	
	SPSC604	Applied Sports Biomechanics I	SPSC501 or HEAL505		N
	SPSC605	Exercise Physiology	SPSC501 & HEAL505	N + S	
	HEAL607	15 points Special Topic			
	HEAL608	30 points Special Topic			
2024 LEVEL 7 COURSES	NUTR701	Lifestyle Nutrition	NUTR501 or SPSC501	N	
	SPOR701	Integrated Coaching Practice	SPOR624		N
	SPOR702	Sport Events and Entrepreneurship	SPOR610 or SPOR614	N + S	
	SPOR705	Leadership in Sport & Recreation	120pts		N + S
	SPOR706	Health & PE Philosophy & Pedagogy	SPOR601, SPOR606		N + S
	SPOR707	Pedagogy & Performance	SPOR609 or SPOR612	N	
	SPOR708	Outdoor Education	SPOR602 or SPOR603 or SPOR619, SPOR609		N
	SPOR709	Sport & Recreation Cooperative I	SPOR608 & SPOR624	N + S	N + S
	SPOR710	Sport & Recreation Cooperative II	SPOR709	N + S	N + S
	SPSC701	Athletic Conditioning	SPSC602, SPSC603, SPSC605		N
	SPSC702	Applied Sports Biomechanics II	SPSC604	N	
	SPSC703	Clinical Exercise Physiology	SPSC603, SPSC605		N
	HEAL706	15 points Special Topic			
	HEAL707	30 points Special Topic			

* N = North Campus * S = South Campus * C = City

* Special Topic is a project-based study; no regular class attendance is required. Programme leader approval is required for enrolment.