


AUT

Introduction to Year 3 Physiotherapy Clinical Supervision

Sarah Bonham-Lloyd – AUT Clinical Lead



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Introduction to the AUT Clinical Team

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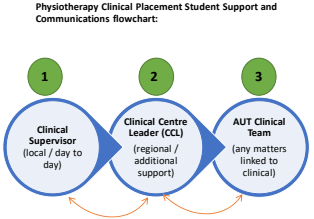
Your Clinical Centre Leader (CCL)...

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Clinical Centre Leader (CCL) role

- Arrange placement allocations
- Supporting students **AND** supervisors
- Facilitate supervisor training
- Professional supervision for students
- Moderation to ensure consistency
- Problem solving
- Getting involved sooner rather than later for a struggling student
- Liaising with the respective university



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Clinical Overview for AUT BHSc (Physiotherapy)

BHSc (Physiotherapy) Standard and Honours pathway

Year 1: Observation in a community-based setting

Year 2: Patient labs

Year 3: Patient labs (across semester), Simulated patient actor sessions (SIM)

Two-week Clinical Assistantship (any healthcare setting)

Year 4: 2024 = three x **eight-week** clinical placements in a range of environments

- acute, rehabilitation and community practice
- encompass cardiorespiratory, musculoskeletal, neurological, and other body systems
- **Most placements offer a degree of overlap**

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Clinical Assistantship

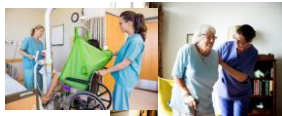
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- Year 3: 2-week (approx. 80 hours) of clinical experience
- Attached to PHTY705 (Managing Complexity in the Acute Care Environment)
- Clinical Assistantship can be in any clinical environment and any area of practice



AIMS of the Clinical Assistantship

- To facilitate students' **transition** to the Year 4 clinical year
- To provide students with **socialisation** and **learning opportunities** within a **healthcare service**
- 'assistantship' = **assisting (observing and participating)**



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Check list for Supervisors

Pre-Placement

1 – 2 weeks prior to placement:

- Read your student's introductory email and reply to student including, meeting time and place, preparation advice, phone numbers etc.
- Read the learning outcome and marking criteria

Your preparation:

- Student timetable
- Plan for day one
- Orientation plan (people, place and culture)
- Allocate space for your student
- Consider your expectations
- Communicate with team



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First few days = set expectations

EXPLICIT EXPLICIT

- What do you expect of your students?
- What do you think your student expects of you?
- How clear are these expectations to both of you?
- What do the *requirements of the learning outcome* mean **in your clinical context/environment**?

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Supervisor Expectations: Weeks 1 & 2

Provide opportunities for students to:

- **Assist physiotherapist(s)**, PT assistants or Year 4 Physiotherapy students with daily physiotherapy duties (objective assessments, treatments, equipment requirements...)
- Participate in **team and in-service meetings** or presentations that comprise any health-related business
- Assist and spend time with other members of a patient's interprofessional health care team, i.e., medical doctor, nurse, OT, SLT, SW, students from other disciplines etc. (e.g., one hour, half a day to a whole day)
- **Read patient case notes**, begin to analyse medical information and relevant data
- 'Shadow' write SOATAP (SOAP) notes and compare their notes to clinical supervisor(s)
- Observe how their supervisor obtains patient informed consent and address other ethical and professional obligations
- **Conduct patient subjective assessments**
 - Students may work in pairs for the subjective assessment, where one student undertakes the assessment and the other provides support and feedback to the student pair on their interview skills (peer review)

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Supervisor Documentation:

Pre-placement	When
<p>Email: Introduce yourself to your student with relevant information in response to student(s) introductory email to you</p> <p>Review the assessment marking criteria/indicators.</p>	Pre- placement
During placement	
<p>Mandatory: Complete Final assessment: complete comments and grading on the marking form on either the Thursday or Friday of week 2 with the student (email the completed form to the student and your CCL).</p> <p>Optional: Review student(s) reflection and goal setting (end of week 1 or early in week 2).</p>	End of Week 2

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To support your role as Supervisor...

- **Graded exposure / scaffolding tasks**
 - **Demonstrate** (have student(s) observe your practice)
 - **Do together** (e.g. share parts of a subjective/objective Ax and/or complete treatments together / one as assistant).
 - **Part Task** (tasks the student can complete with your or while you see other patients: e.g. scanning notes of a patient you already know and writing a subj/obj Ax plan, writing a problem/plan list for a patient the student has observed, writing draft notes for a patient the student has observed, completing a subj Ax and you complete the objective or the other way around, student completes the treatment for a patient they have previously observed...).
- **Use end of week/ or early week 2 discussion to review, reflect and set goals for week 2.**



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What is not expected?

It is not expected that:

- Student(s) develop or implement treatment plans without clinical supervisor guidance/direct supervision.
If appropriate, clinical supervisor may provide opportunities for progression of learning by assisting with development of patient treatment/management plans and implementation of that treatment plan
- Student(s) manage own patient caseload

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Key messages re: Students of Concern

- If in doubt, **first port of call is your CCL**
- Contact AUT in case of an emergency: Sarah Bonham-Lloyd sbonham@aut.ac.nz
- AUT is legally responsible and has a duty of care regarding student wellbeing; hence AUT **MUST** be informed in case of self-harm, poor mental health, or financial struggles.
- You can provide pastoral care for WELL students, **NOT UNWELL** or **AT-RISK** students
- **Maintain a student's privacy, but do not promise confidentiality.**
"Thank you for sharing this with me, I now need to make sure we get you the support you need, so I am going to speak to your CCL...."

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Student Absence: Illness/bereavement

- Students are required to attend all placements allocated to them unless prevented by extraordinary circumstances.
- Students MUST call/contact the Clinical Supervisor(s), before the working day begins if they are unable to attend (per the local policies/procedures for contacting staff).
- **Please notify your CCL if a student has any day off placement.**
- If a student is unable to attend the clinical assistantship for **3 or more days** due to illness/injury, they must supply evidence to support their absence to the CCL & AUT. This will require discussion between the CCL & AUT if the student is able to continue the assistantship at that time.

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