

WEB LINKS TO ORGANISATIONS WANTING VOLUNTEERS

Below is a list of some of the organisations in Auckland that are keen to find volunteers. There are hundreds more. A lot of organisations need volunteers, so don't hold back. Go online, get on the phone or visit charities and not-for-profit organisations to ask how you can help.

Don't forget to check [AUT Edge / Beyond AUT | Facebook](#) for employability award volunteering opportunities. New opportunities are posted regularly, particularly for one off events.

A GOOD STARTING PLACE

Volunteering Auckland and SEEK Volunteer are umbrella portals for volunteers with large data bases of organisations looking for volunteers

- Volunteering Auckland: [Welcome | Volunteering Auckland](#)
- SEEK Volunteer: [Volunteer opportunities in New Zealand | SEEK Volunteer](#)

POPULAR VOLUNTEERING OPTIONS ADVERTISED THROUGH ORGANISATIONS' WEBSITES

Community

- **The AuSM Volunteer Team- AUT Student Movement:** [Volunteer | AUTSA](#)

Volunteer on campus, helping support students and/or assisting with AuSM events and activities including O-Week. Also options for involvement in community volunteering and fundraising for major charities such as Arthritis New Zealand and the New Zealand Breast Cancer Foundation.

- **Te Tapui Atawahi - Auckland City Mission:** (central Auckland) [Volunteer - Auckland City Mission](#)
Helping people in need, including homeless, elderly, people in crisis. Volunteering ranges from packing emergency food parcels, sorting clothing and goods, helping in opshops, taking people to appointments etc. (Must be over 18 years to volunteer at the City Mission).

- **Citizens Advice Bureau - Te Pou Whakawhirinaki o Aotearoa:** [Volunteer for CAB - Tūao mai mō Te Pou Whakawhirinaki o Aotearoa | Citizens Advice Bureau](#)

The CAB is a service providing information, advice and support to people who contact the CAB for help. Frequent areas of enquiry include: rental housing, employment issues, consumer law and immigration. Volunteers help to find and provide that information.

- **Team AKL** (across Auckland): [Email volunteer@aucklandnz.com](mailto:volunteer@aucklandnz.com) if you're interested in being involved.

The volunteer group that helps run major events run by Discover Auckland. Jobs range from being festival ambassadors, providing event information, assisting with workshops, managing lost children tents. Includes Diwali Festival, Auckland Nines events, Tamaki Herenga Waka festival, Lantern Festival etc. [Auckland Events - Find Out What's On In Auckland | AucklandNZ.com](#)

- **Museum of Transport & Technology: MOTAT (Grey Lynn/Pt Chevalier):** [Volunteer | MOTAT | New Zealand](#)

If you're interested in technology, transport and history, then you may enjoy volunteering for MOTAT. Volunteers are frequently called for in areas such as events, computer science (Code Club), HR, health and safety and engineering. As required, the roles are advertised on the website so get looking.

Health/Community

- **Te Whatu Ora** - Auckland City Hospital, Starship Children's Hospital, Greenlane Clinical Centre: [Volunteering with us | Te Whatu Ora Te Toka Tumai Auckland](#)

Takes volunteers for a range of roles, including visiting very sick people in hospital, bringing dogs into hospital for patients, performing music, doing administration, helping people find their way within the hospitals etc.

- **Ronald McDonald House/Starship Hospital support** (Auckland Hospital location): [Volunteering Opportunities - RMHC New Zealand](#)

Ronald McDonald House provides a warm and supportive place to stay for families with sick children at Starship. Volunteering ranges from gardening, administrative support to cooking and housekeeping.

- **Te Whatu Ora Waitemata** (North Shore and West Auckland): [Volunteers | Te Whatu Ora - Waitematā](#)
Waitemata DHB covers North Shore Hospital and Waitakere Hospital. Volunteers support people in the hospital and community with roles including front of house, emergency department support, meals on wheels, providing company for stroke victims etc.

- **Hospice NZ** (across Auckland and beyond): [How can I volunteer at a Hospice? - Hospice NZ](#)
Hospices provide support and help to very ill people and their families. Volunteers are welcome in op shops, helping out in hospices, and providing a biography writing service. Needs vary according to the hospice so locate your local hospice and talk with the volunteer manager.

- **Age Concern:** [Volunteering Opportunities](#)

Volunteers help with providing social connection to older people, or doing administration and event management. Age Concern is particularly concerned with elder abuse and neglect issues, focusing on dignity, wellbeing and respect for the elderly.

- **NZ Red Cross** (Auckland and beyond): [Volunteer in New Zealand | New Zealand Red Cross](#)

Many volunteering opportunities, including administration, putting together bedding packs, helping with book fairs, catering, help with breakfast clubs in schools, community transport, community gardens, making curtains, fundraising, hospital support for patients, opshop help.

- **Salvation Army** (Auckland and beyond): [Volunteer with Us - The Salvation Army NZFTS](#)
Helps communities in many ways, including housing, addiction support etc. Volunteers help with the running of opshops, foodbanks, and support of people.
- **Hato Hone St John (ambulance and support) volunteering options** (across Auckland and beyond)
[Careers at Hato Hone St John](#)
Supports people who are injured or sick. Includes working in the op shop, providing support, being a caring caller etc
- **Cancer Society NZ - Auckland, including Child Cancer Society and Breast Cancer Foundation**
(Auckland and beyond): [Cancer Society NZ — Auckland](#)
Runs a range of activities and services that aim to reduce the impact and incidence of cancer, including driving people to appointments, helping with Daffodil Day, other events etc.

Environmental/Conservation

- **Conservation Volunteers NZ** (across Auckland and beyond) [Conservation Volunteers New Zealand](#)
Help preserve NZ's natural environment. Volunteering can range from helping to identify local flora and fauna, or planting trees, surveying plant life, cutting tracks.
- **SPCA Auckland** (across Auckland): [Volunteer at an SPCA Animal Centre](#)
Animal welfare and donation collections. If you want to volunteer with animals, we suggest you also try local kennels and catteries. SPCA also run opshops for which they also need lots of volunteers. This is a very popular choice so you may find it hard to get hours.

OTHER POPULAR VOLUNTEERING OPPORTUNITIES WITH SMALLER ORGANISATIONS

- **AUT Living Labs:** <https://www.facebook.com/groups/510545500003943>
Help with tree planting, tree releasing, sampling (soil, water & biodiversity). This group was created to facilitate more volunteering opportunities for AUT students with a passion for ecology in Aotearoa. Living Lab aims to better understand efficient restoration methods for native old growth forest on ex farmland by running long term ecological experiments.
- **Lifewise** (K-Rd, central Auckland): [Volunteer - Lifewise](#)
An opportunity to help the homeless by working at Merge Café, an eating place where people can donate vouchers for homeless to have meals. Volunteers also needed to pick up and sort donated items etc
- **Everybody Eats: Get involved**
Be a kitchen hand or front of house for Everybody Eats restaurants at Onehunga or Glen Innes where people pay what they can afford for meals created from food donated by cafes, supermarkets and other food producers, with

the aim to “feed bellies, not bins”. No experience required to help with food prep and serving tables or helping to pick up the food during the day.

- **Fair Food NZ** (West Auckland): [VOLUNTEER — Fair Food](#)

Help turn leftovers into lifelines for families. Volunteers help box up food that supermarkets and restaurants etc can't use to distribute to foodbanks and people in need.

- **Sunday Blessings:** [Get Involved | Sunday Blessings Auckland](#)

Coordinates meals for our un-housed community through food rescue, donations and cooking up meals. Volunteers can be cooking up food or distributing it on Sunday evenings in central Auckland. Founded and run by an AUT graduate.

- **Keep New Zealand Beautiful:** [Get involved - Keep New Zealand Beautiful](#)

Needs volunteers for events throughout the year to help improve NZ's environment, including Arbor Week, Wall Worthy and Clean-Up Week as well as other ongoing activities. Sign up to as many hours as you wish to help make NZ a cleaner, sustainable and beautiful environment.

- **Manukau Beautification Charitable Trust** (south Auckland): [Volunteer Opportunities | Beautification Trust](#)

Manukau Beautification Charitable Trust organises environmental clean-up events and other events to help beautify Manukau, including 'Adopt a Spot' to prevent graffiti. There seems to be a range of voluntary opportunities, depending on your interests and time.

- **Pest Free Kaipātiki Restoration Society:** [Keen to help? | Pest Free Kaipatiki](#)

Aim to eliminate possums that are shredding native trees, as well as rats and other predators that eat baby birds and eggs. Volunteers help with pest monitoring and setting traps. Work across over 160 reserves.

- **Neighbourly:** [Neighbourly - The private and free neighbourhood website for New Zealand](#)

You need to sign in with your address to access Neighbourly, but it is another place where you can find volunteering opportunities and these will be in your neighbourhood. Tip – they sometimes advertise part time jobs as well.

Enjoy checking these links out and finding your place in the world of volunteer work.