

PARTICIPANT INFORMATION SHEET

Date Information Sheet Produced:

14 December 2023

Research Title:

The lived experience of graduate entry nursing students' development of empathy in clinical practice: A hermeneutic phenomenological study.

Supervisors: Dr Kay Shannon and Dr Rachel Macdiarmid

Researcher: Amanda Badger

A Welcome Note

Kia ora,

My name is Amanda Badger, a Registered Nurse and Master of Philosophy student at Auckland University of Technology (AUT). My research supervisors are Dr Kay Shannon and Dr Rachel Macdiarmid.

I deeply appreciate your interest and consideration in participating in my research and for contributing to the research exploring the lived experience of empathy development as a Graduate Entry Nursing (GEN) student in clinical practice. At any stage, if you have any queries, please do not hesitate to contact me via email at: amanda.badger@aut.ac.nz.

This study has been approved by the Auckland University of Technology Ethics Committee (AUTEC) ON December 14th 2023. AUTEC reference number: 23/364.

About the Research

In 2014, the GEN programme was approved by the Nursing Council of New Zealand as an alternative pathway to nursing registration in Aotearoa New Zealand. This means graduates of any discipline who aspired to be a registered nurse can now gain a high qualification (a master's degree) and a nursing qualification together. As this degree has only been offered for ten years in Aotearoa New Zealand, limited research and literature is exploring GEN students specifically in Aotearoa New Zealand. Exploring the lived experience of GEN students and the development of empathy in clinical settings is important to ensure necessary support and education are provided to the GEN students, an understanding of their lived experience of empathy development and support in clinical practice is required. Empathy is a fundamental nursing skill, and a graduate attribute, as it facilitates a safe patient-nurse relationship and improves health outcomes.

The aim of this study is to understand the lived experience of GEN students to develop of empathy in clinical practice. This study provides an opportunity for participants to express their lived experiences of empathy development from their clinical practice experiences through narration. The findings of this research may be used for academic publications and presentations.

Eligibility Criteria

You're invited to participate in this research if you meet the following criteria:

1. You are 18 or older,
2. You are enrolled in a Graduate Entry Nursing Programme,
3. You have completed your first year of the graduate entry nursing programme you are enrolled in,
4. You are willing and able to be in an online or a face-to-face interview,
5. You can speak English,
6. You have lived in Aotearoa New Zealand for at least six months.

Participation in this research is voluntary and your details will be kept completely confidential.

Research Procedures

You will be provided with a consent form to read through and sign if you agree to the research terms and conditions. After I have received the signed consent form, a confirmation email will be sent to arrange a date, time, and location that suits you for an interview. You will have the option to choose between an online interview (via Microsoft Teams) or a face-to-face interview (at a convenient location that enables confidentiality at your university campus). You are also able to shift your interview approach at any time (please email me with your change before we meet). You are welcome to bring a whānau/family member or a friend to support you here.

If the criteria has not been met or the number of participants for the study has reached its full capacity, you will receive an email declining participation in the study at that time. However, you may be contacted by the primary researcher at a later date if more participants are needed for the study. Again, you are allowed to decline this offer made by the primary researcher.

Interview Process

This study involves a one-off interview of approximately 60 minutes. There is a set of open-ended questions that I will ask you to answer during the interview session. You do not need to do anything to prepare for the interview. The questions will be about your clinical experience and how you develop empathy. The interview will be conversational. The interview will be recorded for transcription purposes, however, all identifiable information from the interview transcription will be removed or changed to promote confidentiality. You have the right to refuse to answer any questions or ask me to stop or pause the recording at any time.

Post-Interview Process

I will transcribe the recording as soon as possible after each interview. Interviews will be recorded and transcribed using Otter AI for data analysis. I will then review the transcription whilst listening to the recording to ensure the accuracy of the transcription. An electronic copy of the transcription will be sent to your email. You will be able to review and check the transcript before it is finalised as data for this study. This means you have a second opportunity to (refuse/remove any content you do not want to be included).

You will have two weeks to complete this work before I start analysing your interview. If you have any changes, please email your amended file back to me. If no comments on the revisions are sent back after two weeks, I will assume that you have approved the original draft.

Please note, that the research supervisor, Dr Shannon and Dr Macdiarmid will have access to the deidentified interview transcriptions only. This is to maintain confidentiality.

Data Use, Storage, Retention, and Destruction

Please be assured that all data collected during the registration and the interviews will be used only for research purposes and for future publications and conference presentations. All data (registered information, recordings, and transcriptions) will be collected and stored digitally. Contact details will be kept in an Outlook folder and deleted after the study. Consent forms will be stored in a separate folder for six years. Audio recordings and transcripts of the interviews will be stored in the Auckland University of Technology (AUT) password-protected computer system for six years. Thereafter, all the data will be permanently deleted from the Auckland University of Technology computer system.

Right to Withdraw from Participation

Your participation in this research is voluntary (it is your choice) and whether or not you choose to participate will neither advantage nor disadvantage you. You can withdraw from the study at any time. If you choose to withdraw from the study, then you will be offered the choice between having any data that is identifiable as belonging to you removed or allowing it to continue to be used. However, once the findings have been produced, removal of your data may not be possible.

What do I do if I have Concerns About this Research?

Any concerns regarding the nature of this project should be notified in the first instance to the Project Supervisor, Dr Kay Shannon, kay.shannon@aut.ac.nz, 09 921 9999 ext 7765.

Concerns regarding the conduct of the research should be notified to the Executive Secretary of AUTECH, ethics@aut.ac.nz, (+649) 921 9999 ext 6038.

What are the Discomforts and Risks?

The potential risks you may encounter with this study are sensitivity and confidentiality.

These risks mean that:

- a) The topics covered in the interview will revolve around your clinical placement experience, empathy knowledge and empathy development in the clinical placement. This information will be shared through storytelling, which might make you feel uncomfortable or embarrassed.
- b) Your identity (e.g., real name and contact information) is (only) known to me.

To minimise these potential risks, the following strategies have been made for you:

- You are welcome to choose your own pseudonym which will be used to deidentify you in the interview transcriptions.
- Your identity will be kept confidential.
- I will be the only person who listens to your recordings and transcribes them.
- You do not need to answer any question(s) that make you feel uncomfortable or do not want to answer.
- You will have the right to delete a part or the whole of your interview transcription if you feel that the information can be traceable, or you would like to unenroll in the study (up to two weeks after the interview).
- Your research data will be described as de-identified and, in any report or discussion of the information given by you will be done in a way that does not identify you as the source of the information.
- Your identifiable information will be removed and kept separately in AUT OneDrive folder. Your research data will be kept in a secure spreadsheet in my university password-protected folder.
- A summary of the research findings will be available to you once the thesis is complete. If you would like to receive a copy, please indicate your email address on the consent form.

AUT Student Counselling and Mental Health can offer three free sessions of confidential counselling support for adult participants in an AUT research project. These sessions are only available for issues that have arisen directly as a result of participation in the research and are not for other general counselling needs. To access these services, you will need to:

- drop into our centre at WB203 City Campus, email counselling@aut.ac.nz or call 921 9292.
- let the receptionist know that you are a research participant and provide the title of my research and my name and contact details as given in this Information Sheet.

You can find out more information about AUT counsellors and counselling at <https://www.aut.ac.nz/student-life/student-support/counselling-and-mental-health>

Whom Do I Contact for Further Information About This Research?

Please keep this Information Sheet and a copy of the Consent Form for your future reference. You are also able to contact the research team as follows:

Researcher Contact Details

Amanda Badger
Master of Philosophy Student
School of Clinical Sciences
Auckland University of Technology
Phone: +64 212 924 018
Email: amanda.badger@aut.ac.nz

Research Supervisor Contact Details

Dr Kay Shannon
Senior Lecturer
School of Clinical Sciences
Auckland University of Technology
Phone: 09 921 9999 ext 7765
Email: kay.shannon@aut.ac.nz

Dr Rachel Macdiarmid
Head of Nursing
School of Clinical Sciences
Auckland University of Technology
Phone: 09 921 9999 ext 7687
Email: rachel.macdiarmid@aut.ac.nz

CONSENT FORM

Project title:

The lived experience of graduate entry nursing students’ development of empathy in clinical practice: A hermeneutic phenomenological study.

Project Supervisors: **Dr Kay Shannon and Dr Rachel Macdiarmid**

Researcher: **Amanda Badger**

- I have read and understood the information provided about this research project in the Information Sheet dated 14th December 2024.
- I have had an opportunity to ask questions and to have them answered.
- I understand that notes will be taken during the interviews and that they will also be audio-taped and transcribed.
- I understand that taking part in this study is voluntary (my choice) and that I may withdraw from the study at any time without being disadvantaged in any way.
- I understand that if I withdraw from the study then I will be offered the choice between having any data that is identifiable as belonging to me removed or allowing it to continue to be used. However, once the findings have been produced, removal of my data may not be possible.
- I agree to take part in this research.
- I wish to receive a summary of the research findings (please tick one): Yes? No?

Participant’s signature:

Participant’s name:

Participant’s Contact Details:

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Date:

Approved by the Auckland University of Technology Ethics Committee on December 14th 2023 AUTEK Reference number 23/364

Note: The Participant should retain a copy of this form

REGISTRATION INFORMATION SHEET

Research Title:

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Supervisors: Dr Kay Shannon and Dr Rachel Macdiarmid

Researcher: Amanda Badger

Thank you for reading the Participant Information Sheet and agreeing to take part in this study. The Registration Information sheet has two parts. Please complete both parts, then sign and date the registration form to complete the registration process.

Part One – To help us analyse the data for the study, we need to know a little about you:

1. What is your ethnicity?

- European
- Māori
- Pasifika
- Asian
- Middle Eastern
- Latin American
- African
- Other
- Prefer not to say

2. What is your gender?

- Female
- Male
- Non-binary/third gender
- Prefer not to say

3. What is your age?

Click or tap here to enter text.

4. What is your undergraduate degree?

Click or tap here to enter text.

5. What tertiary institution are you enrolled in?

Click or tap here to enter text.

6. How many clinical placements have you taken part in the programme to date?

Click or tap here to enter text.

7. How many hours of clinical placement have you completed in the GEN programme?

Click or tap here to enter text.

Part Two – To help schedule an interview with you, we invite you to indicate your preferred date, time and verbal preference:

1. What date and time would you like to attend the interview?

Please indicate two preferred dates and times below:

Preference one:

Date: Click or tap to enter a date. (dd/mm/yyyy);

Time: Click or tap here to enter text. (example time 14:00-15:00);

Preference two:

Date: Click or tap to enter a date. (dd/mm/yyyy);

Time: Click or tap here to enter text. (example time 14:00-15:00)

2. How would you like to be interviewed?

In person at a convenient location that enables confidentiality at your university campus

An online meeting via Microsoft Teams

3. Would you like to invite someone from your whānau to participant in the interview with you for support?

Yes

No

Signature.....

Name.....

Date.....

*Approved by the Auckland University of Technology Ethics Committee on **December 14th 2023** AUTEK Reference number **23/364***

Note: The Participant should retain a copy of this form