

## WEB LINKS TO ORGANISATIONS WANTING VOLUNTEERS

Below is a list of some of the organisations in Auckland that publicly request volunteer support. There are hundreds more. A lot of organisations need volunteers, so don't hold back. Go online, get on the phone or visit charities and not-for-profit organisations to ask how you can help.

Don't forget to check <https://www.facebook.com/groups/autedgeaward/> for Edge Award volunteer opportunities. New opportunities are posted regularly, particularly for one off events.

## SITES ADVERTISING MULTIPLE VOLUNTEER ORGANISATIONS

Citizens Advice Bureau volunteering <https://www.cab.org.nz/find-a-cab/volunteer-for-cab/>

### SEEK Volunteer

<https://seekvolunteer.co.nz/organisations?location=Auckland>

### Volunteering Auckland

<https://volunteeringauckland.org.nz/>

## EXAMPLES OF ORGANISATIONS OFFERING SPECIFIC VOLUNTEER OPPORTUNITIES

### Auckland District Health Board (ADHB) (Central Auckland and Green Lane)

<https://www.adhb.health.nz/about-us/volunteering-at-auckland-dhb/>

The Auckland District Health Board takes on volunteers for a range of roles, including visiting little children, very sick people in hospital, bringing dogs into hospital for patients, performing music, doing administration, helping people find their way etc.

### City Mission (central Auckland)

<http://www.aucklandcitymission.org.nz/get-involved/volunteer/>

Helping people in need, including homeless, elderly, people in crisis. Volunteering ranges from packing emergency food parcels, sorting clothing and goods, helping in opshops, taking people to appointments etc. (Must be over 18 years to volunteer at the City Mission).

### Conservation Volunteers NZ (across Auckland and beyond) <http://conservationvolunteers.co.nz/>

Help preserve NZ's natural environment. Volunteering can range from helping to identify local flora and fauna, or planting trees, surveying plant life, cutting tracks.

### Dress for Success Auckland DFSA (Mt Eden) <https://auckland.dressforsuccess.org/get-involved/volunteer/>

DFSA is a voluntary organisation providing free dressing consultations and interview ready outfits for women seeking work. They want female volunteers on site for admin support, dressers and events assistants. They're happy to have males doing offsite activities, eg social media or picking up clothing etc. Hours are very flexible. Say you heard about this opportunity via AUT. **Contact person:** email [volunteer@dfsa.org.nz](mailto:volunteer@dfsa.org.nz)

**Fix Up, Look Sharp** <http://www.fixuplooksharp.org/>

The male version of Dress for Success, providing free consultations on what to wear to job interviews, and any other activity where people need a good outfit. Looking for volunteers to help sort clothing etc. Email: [fixuplooksharp09@gmail.com](mailto:fixuplooksharp09@gmail.com)

**Hospice NZ** (across Auckland and beyond)

<http://www.hospice.org.nz/>

<http://hospice.org.nz/find-your-local-hospice-service/auckland>

Hospices provide support and help to very ill people and their families. Volunteers are welcome in op shops, helping out in hospices and providing a biography writing service. Needs vary according to the hospice so locate your local hospice and talk with the volunteer manager.

**Museum of Transport & Technology: MOTAT** (Grey Lynn/Pt Chevalier) <http://www.motat.org.nz/working-at-motat/volunteer/>

If you're interested in technology, transport and history, then you may enjoy volunteering for MOTAT. Volunteers are frequently called for in areas such as events, computer science (Code Club), HR, health and safety and engineering. As required, the roles are advertised on the website so get looking.

**NZ Red Cross** (across Auckland and beyond) <https://www.redcross.org.nz/get-involved/volunteer-opportunities/>

Red Cross have a huge number of volunteering opportunities, including administration, putting together bedding packs, helping with book fairs, catering, help with breakfast clubs in schools, community transport, community gardens, making curtains, fundraising, hospital support for patients, opshop help.

**Ronald McDonald House/Starship Hospital support** (at Starship, Auckland Hospital)

<https://rmhc.org.nz/support/volunteer/>

Ronald McDonald House provides a warm and supportive place to stay for families with sick children at Starship. Volunteering ranges from gardening, administrative support to cooking and housekeeping.

**SPCA Auckland** (across Auckland) [www.spcaauckland.org.nz/](http://www.spcaauckland.org.nz/)

Animal welfare and donation collections. This is a very popular choice so you may find it hard to get hours. If you want to volunteer with animals, we suggest you also try local kennels and catteries where they may be keen for an extra pair of hands over drop off and pick up times.(also see lonelymiaow association below)

**St John (ambulance and support) volunteering options** (across Auckland and beyond)

[www.stjohn.org.nz/Volunteering](http://www.stjohn.org.nz/Volunteering)

St Johns provide support to people who are injured or sick. Volunteering includes working in the op shop, volunteering your pet to visit people in care homes or hospital, providing support, being a caring caller etc

**Team AKL** (across Auckland)

<https://www.aucklandnz.com/visit/events/volunteer>

Team AKL is the volunteer group for major events run by Auckland Tourism, Events and Economic Development (ATEED). Team AKL volunteers work across a range of jobs, from being festival ambassadors, providing event information and assisting with workshops, to managing the lost children tents. Includes Diwali Festival, ITM SuperSprint (super cars), Auckland Nines events, Tamaki Herenga Waka festival, Lantern Festival etc

**Volunteer Net**

<https://volunteernet.org.nz/> (across Auckland)

VolunteerNet is a free, online interactive tool connecting people with events throughout New Zealand, providing resources, tools and advice for both volunteers and volunteer-involving organisations that coordinate events. Team AKL uses it to help find volunteers for Auckland events such as Diwali Festival.

**Waitemata DHB (North Shore and West Auckland)**

<http://www.waitemataadhb.govt.nz/About-Us/Volunteers>

Waitemata DHB covers North Shore Hospital and Waitakere Hospital. The DHB needs volunteers to support people in the hospital and community with roles including front of house, emergency department support, meals on wheels, providing company for stroke victims etc.

**SMALLER MORE LOCALISED VOLUNTEERING OPPORTUNITIES****The AuSM Volunteering Programme AUTSA Events Activation Crew**

<https://www.autsa.org.nz/eventsactivationcrew>

Provides students with opportunities to volunteer on campus, assisting with AuSM events and activities including the free feed, orientation week events, distributing our magazine, collecting feedback from students etc. We also help students get involved with community volunteering and fundraising for major charities such as Arthritis New Zealand and the New Zealand Breast Cancer Foundation.

For more information email Emma on [emma.wingrove@aut.ac.nz](mailto:emma.wingrove@aut.ac.nz)

**AUT Living Labs** <https://www.facebook.com/groups/510545500003943>

This group has been created to encourage and facilitate more volunteering opportunities for AUT students and anyone who has a passion for ecology in Aotearoa. Living Lab aims to better understand efficient restoration methods for native old growth forest on ex farmland by running long term ecological experiments. Need help with tree planting, tree releasing, sampling (soil, water & biodiversity)

**Bellyful (Pukekohe HQ)**

<http://bellyful.org.nz/help-fill-bellies/>

Bellyful volunteers deliver meals to families with newborn babies and families, with young children, who are struggling with illness. Particularly those lacking a good support network. Voluntary roles include cooking, delivering meals, fundraising, coordinating deliveries.

**Everybody Eats** <https://everybodyeats.nz/get-involved>

Create meals from food donated by supermarkets and other food producers, including cafes etc with the aim to “feed bellies, not bins”. No experience required to help with food prep and serving tables or helping to pick up the food during the day.

**Heritage NZ (central Auckland)**

<http://www.heritage.org.nz/get-involved>

Alberton House (Mt Albert) and Highwic House (Newmarket) are historic properties run by Heritage NZ. They engage volunteers to help maintain the houses and provide information for the public. If this is of interest to you, make contact through the website with the appropriate house.

**Keep New Zealand Beautiful**

<https://www.knzb.org.nz/help-us/>

Keep New Zealand Beautiful runs many events throughout the year, including Arbor Week, Wall Worthy and Clean-Up Week as well as other ongoing activities. The organisation needs volunteers like you to make them happen. Sign up to as many hours as you wish to help make NZ a cleaner, sustainable and beautiful environment.

## **Lifewise** (K-Rd, central Auckland)

<https://www.lifewise.org.nz/get-involved/volunteer/>

An opportunity to help the homeless by working at Merge Café, an eating place where people can donate vouchers for homeless to have meals. Volunteers also needed to pick up and sort donated items etc

## **Manukau Beautification Charitable Trust** (south Auckland)

<https://www.beautification.org.nz/volunteer>

Manukau Beautification Charitable Trust organises environmental clean-up events and other events to help beautify Manukau, including 'Adopt a Spot' to prevent graffiti. There seems to be a range of voluntary opportunities, depending on your interests and time.

## **Newcomers** (across Auckland)

<http://www.newcomers.co.nz/about-us/volunteer/>

This service is set up to welcome newcomers into local communities and help them make new friends. The organisers are looking for people who have a skill or hobby that could be shared with a local newcomers group, eg cooking, origami, sport etc

## **Pest Free Kaipātiki Restoration Society** [Get Involved | pest-free-kaipatiki \(pestfreekaipatiki.org.nz\)](#)

Aim to eliminate possums that are shredding native trees, as well as rats and other predators that eat baby birds and eggs. Volunteers help with pest monitoring and setting traps. Work across over 160 reserves.

**... AND MANY, MANY MORE. SO GET OUT THERE AND ASK.  
NEIGHBOURLY.CO.NZ IS ANOTHER HANDY WAY TO FIND VOLUNTARY OPPORTUNITIES.**

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